

東亞運動會是亞洲體壇四年一度的盛事，適逢香港作為第五屆東亞運動會主辦城市，屆時將匯聚九個國家及地區約二千三百名體壇精英競逐二十二項運動項目。在期待東亞各國運動員為這盛事創造傳奇一刻的同時，香港各界亦舉辦了一連串的活動，讓市民共同參與迎接這項國際運動會。其中，香港公共圖書館亦透過舉辦多項不同形式的活動，向市民推廣東亞運動會精神及介紹有關的訊息，並印備了此系列館藏資源選介供讀者參考，藉此增加市民大眾對體育運動的認識，從而培養個人參與體育和健體運動的興趣，亦可提升健康生活素質。

The East Asian Games, held every four years, is a major event in the Asian international sports arena. This year, the 5th East Asian Games will be held in Hong Kong with the participation of around 2,300 elite athletes from 9 countries or regions competing in 22 sports events. Whilst the community is welcoming the legends and joy of the Games, the Hong Kong Public Libraries organizes a variety of programmes to tie in with the event and enhance the public's awareness on the Games. This series of resources guide to the collection and information on sports accessible in public libraries serves to promote to the public the knowledge and interests in practising sports and the importance for keeping healthy life.

期刊 PERIODICALS

名稱 Title	出版 Publisher	刊期 Frequency	索書號 Call No.
Aquila	UK: Aquila Magazine	Monthly	J 790 AQU
Cricket	Peru, Ill: Open Court Pub. Co.	Monthly	Y 808 CRI
Junior Baseball Magazine	US: 2D Publishing	Bi-monthly	J 796 JUN
Sports Illustrated for Kids	US: time Inc.	Monthly	J 796 SPO

網上資源 WEB RESOURCES

中國香港體育協會暨奧林匹克委員會  
Sports Federation & Olympic Committee of Hong Kong, China  
<http://www.hkolympic.org>

香港公共圖書館 — 運動與健體資訊  
Hong Kong Public Libraries – Sports and Fitness Information  
<http://www.hkpl.gov.hk/sports>

香港 2009 東亞運動會  
Hong Kong 2009 East Asian Games  
<http://www.2009eastasiangames.hk>

香港足球總會 — 青少年足球  
The Hong Kong Football Association Limited - Youth Football  
[http://www.hkfa.com/zh-hk/load\\_page.php?pid=37](http://www.hkfa.com/zh-hk/load_page.php?pid=37)

中國香港賽艇協會 - 青少年賽艇發展計劃  
Hong Kong, China Rowing Association - Youth Rowing Development Programme  
[http://www.rowing.org.hk/web/b5/teen\\_prom.shtml](http://www.rowing.org.hk/web/b5/teen_prom.shtml)

書名 Title	索書號 Call No.
游泳 姚鈺 作 洪波 插圖 香港：青田教育，2003.	JJ 4284
游泳 胡達昌 著 香港：新雅文化，2008.	J 528.96 4736
FITZPATRICK, Jim, 1948- Surfing. Ann Arbor, Mich. : Cherry Lake Pub., c2008.	J 797.32 FIT
KEHM, Greg Olympic swimming and diving. New York : Rosen Central, 2007.	J 797.21 KEH
KLEIN, Adam G., 1976- Boating. Edina, Minn. : ABDO Pub. Co., c2008.	J 797.1 KLE
MASON, Paul, 1967- Snorkeling and diving. North Mankato, Minn. : Smart Apple Media, 2008.	J 797.23 MAS
PAGE, Jason Rowing, sailing, and other sports on water. New York : Crabtree Pub., c2008.	J 797 PAG
PAGE, Jason Swimming, diving, and other water sports. New York : Crabtree Pub., c2008.	J 797 PAG
Sherman, Josepha Wind power. Mankato, Minn. : Capstone Press, c2004.	J 333.92 SHE

書名 Title	索書號 Call No.
怎樣投得遠 沈信生 主編 台北：大展，2004.	J 528.94 8452
怎樣跳得高 沈信生 主編 台北：大展，2004.	J 528.9422 8462
怎樣跳得遠 沈信生 主編 台北：大展，2004.	J 528.9425 8462
單車 陳國基 著 香港：新雅文化，2008.	J 528.966 7564
ABRAHAM, Philip, 1970- Extreme sports stars. New York : Children's Press, 2007.	J 796.046 ABR
BARRACLOUGH, Sue Bicycle safety. Chicago, Ill. : Heinemann Library, c2008.	J 796.6 BAR
BELVAL, Brian Olympic track and field. New York : Rosen Central, 2007.	J 796.42 BEL
BODDEN, Valerie Bicycling. Mankato, Minn. : Creative Education, c2008.	J 796.6 BOD
BUCKLEY, Annie Be a better biker. Chanhassen, MN : Child's World, c2007.	J 796.6 BUC
DAVID, Jack, 1968- BMX racing. Minneapolis, MN : Bellwether Media, 2008.	J 796.62 DAV
DAVID, Jack, 1968- Mountain biking. Minneapolis, MN : Bellwether Media, 2008.	J 796.63 DAV
DAYTON, Connor Tricks with bikes. New York : PowerKids Press, 2007.	J 796.6 DAY
De MEDEIROS, Michael Mountain biking. New York : Weigl Publishers, c2008.	J 796.63 DEM
DEUTSCH, Jessica Running for fun! Minneapolis, MN : Compass Point Books, c2008.	J 796.42 DEU

書名 Title	索書號 Call No.
GIFFORD, Clive Track and field. New York, NY : PowerKids Press, 2009.	J 796.42 GIF
GILBERT, Grant Tour de France. New York : Weigl Publishers, c2008.	J 796.620944 GIL
HINMAN, Bonnie Extreme cycling with Dale Holmes. Hockessin, Del. : Mitchell Lane, c2007.	J 796.62092 HOL
KALMAN, Bobbie Field events in action. New York, NY : Crabtree, c2005.	J 796.42 KAL
Kelly, Bernadette Long Jump. Melbourne : Pearson Education Australia, 2005.	J 530.8 KEL
MASON, Paul, 1967- Biking. Mankato, MN : Smart Apple Media, 2008.	J 796.6 MAS
McCLELLAN, Ray BMX freestyle. Minneapolis, MN : Bellwether Media, 2008.	J 796.62 MACC
PAGE, Jason Cycling, shooting, and showjumping. New York : Crabtree Publishing, c2008.	J 796.48 PAG
PAGE, Jason Decathlon, high jump, and other field events. New York : Crabtree Pub., c2008.	J 796.42 PAG
PAGE, Jason Sprints, hurdles, and other track events. New York : Crabtree Publishing, c2008.	J 796.42 PAG
SANDLER, Michael Cycling : Lance Armstrong's impossible ride. New York, N.Y. : Bearport Pub., c2006.	J 796.6092 ARM
SAPET, Kerrily, 1972- Xtreme athletes : Michael Phelps. Greensboro, NC : Morgan Reynolds Pub., c2009.	J 797.21092 PHE
TEITEBAUM, Michael Mountain biking. Ann Arbor, Michigan : Cherry Lake Pub., c2008.	J 796.63 TEI

書名 Title	索書號 Call No.
來吧! 學習跆拳道 = Let's learn taekwondo 多萊寶授權(國際)有限公司 編著 香港: 明華, 2005.	J 528.975 4671
原地兒童太極拳(10捶16式) 胡賢 創編 宋夏 演練 台北: 大展, 2006.	J 528.972 4737
體育舞蹈 葉潔雲 著 香港: 新雅文化, 2008.	J 999.13 4431
CROSSINGHAM, John, 1974- High flying martial arts. St. Catharines Ont.; New York: Crabtree Pub. Co., c2008.	J 796.815 CRO
DORNEMANN, Volker Taekwondo kids. Oxford: Meyer & Meyer Sport, 2007	J 796.8153 DOR
FALK, Laine, 1974- Let's talk tae kwon do. New York: Children's Press, c2009.	J 796.815 FAL
LINDEEN, Carol, 1976- Let's do karate! Mankato, Minn.: Capstone Press, c2007.	J 796.8153083 LIN
MARTIN, Ashley How to improve at karate. St. Catharines, Ont.; New York: Crabtree Pub. Co., c2008.	J 796.8153 MAR
MASON, Paul, 1967- Judo. London: Franklin Watts, 2007.	J 796.8153 MAS
McFEE, Shane Let's learn martial arts. New York: Rosen Pub. Group's PowerKids Press, 2008.	J 796.8 MACF
OLLHOFF, Jim, 1959- Kung fu. Edina, Minn.: ABDO Pub. Co., c2008.	J 796.8159 OLL
OLLHOFF, Jim, 1959- Martial arts around the globe. Edina, Minn.: ABDO Pub. Co., c2008.	J 796.8 OLL
PAGE, Jason Martial arts, boxing, and other combat sports. New York: Crabtree Pub., c2008.	J 796.8 PAG

書名 Title	索書號 Call No.
小海白soccer 香港: 小海白創作室, 2006.	J 528.951 9329
乒乓球 梁美莉 黃彩琪 著 香港: 新雅文化, 2008.	J 528.959 3384
羽毛球 鍾伯光 梁家文 著 香港: 新雅文化, 2008.	J 528.953 8229
足球 劉永松 王培林 著 香港: 新雅文化, 2008.	J 528.951 7234
足球入門圖解 阿當. 獲特(Adam Ward) 查華. 里雲(Trevor Lewin)著 盧嘉 萬海濤 譯 香港: 萬里, 2007.	J 528.951024 5073
保齡球 馮劉掌珠 著 香港: 新雅文化, 2008.	J 528.959 3791
圖說少兒足球技術 [英]吉爾.哈維...[等]著 江承志 肖旭 譯 北京: 北京體育大學出版社, 2007.	J 528.951 6097
網球 鍾伯光 著 香港: 新雅文化, 2008.	J 528.953 8229
壁球 雷雄德 著 香港: 新雅文化, 2008.	J 528.959 1042
籃球 鄭偉明 著 香港: 新雅文化, 2008.	J 528.952 8726
籃球小王牌. 1, 命中率百分百的神射手 金美英 文 申載換 圖 [徐月珠 譯] 台北市: 三采文化出版事業有限公司, 2009.	J 528.952 8084
AYLMORE, Angela I like soccer. Chicago, Ill.: Heinemann Library, c2007.	J 796.334 AYL
BRAR, Aneel Super bowl. New York: Weigl Publishers, c2008.	J 796.332648 BRA
BUCKLEY, James, 1963- Soccer superstars. Chanhassen, MN: Child's World, c2007.	J 796.334 BUC
CROSSINGHAM, John, 1974- Spike it volleyball. St. Catharines, Ont.; New York: Crabtree Pub. Co., c2008.	J 796.325 CRO

書名 Title	索書號 Call No.
GIFFORD, Clive Badminton. London: Franklin Watts, 2007.	J 796.345 GIF
GLASER, Jason David Beckham. New York: PowerKids Press, 2008.	J 796.334092 BEC
GLASER, Jason Maria Sharapova. New York: PowerKids Press, 2008.	J 796.342092 SHA
KALMAN, Bobbie Kick it soccer. New York: Crabtree Publishing, c2007.	J 796.334 KAL
KUBIK, Jeff Wimbledon. New York: Weigl Publishers, c2008.	J 796.342094212 KUB
LABRECQUE, Ellen Roger Federer. Mankato, MN: Child's World, c2008.	J 796.342092 FED
McFEE, Shane Let's play basketball. New York: PowerKids Press, 2008.	J 796.332 MACF
McFEE, Shane Let's play soccer. New York: PowerKids Press, 2008.	J 796.334 MACF
De MEDEIROS, Michael The NBA. New York: Weigl Publishers, c2008.	J 796.323640973 DEM
PAGE, Jason Basketball, soccer, and other ball games. New York: Crabtree Pub., c2008.	J 796.3 PAG
RAMEN, Fred Basketball: rules, tips, strategy, and safety. New York: Rosen Pub., 2007.	J 796.323 RAM
RUSCH, Elizabeth Girls' tennis: conquering the court. Mankato, Minn.: Capstone Press, c2007.	J 796.342 RUS
SCHWARTZ, Heather E. Girl's volleyball: setting up success. Mankato, Minn.: Capstone Press, c2007.	J 796.325082 SCH
THOMAS, Keltie Inside hockey: the legends, facts, and feats that made the game. Berkeley, CA: Maple Tree Press, c2008.	J 796.962 THO
WHITFIELD, David World Cup. New York: Weigl Publishers, c2008.	J 796.334 WHI
WINGATE, Brian Soccer: rules, tips, strategy, and safety. New York: Rosen Pub., 2007.	J 796.334 WIN
YOUNG, Jeff C., 1948- Burning up the court: the Miami Heat. Berkeley Heights, NJ: MyReportLinks.com Books, c2008.	J 796.32364 YOU

投入東亞運動  
Get into the East Asian Games