

沙田公共圖書館

「運動與健體特藏」新增書目：二零一九年四月

保持身心健康是提升個人生活質素的關鍵。鑑於社會人士的需求、運動與健體活動及資訊的迅速發展，沙田公共圖書館特別設立了「運動與健體特藏」，為香港市民在相關學科方面提供多元化及具質素的核心資訊服務。

「運動與健體特藏」包含書籍、雜誌、期刊、多媒體資料、電子書及電子資料庫各種資料。

以下是二零一九年四月新增的外借和參考館藏，讓讀者參閱。

SHA TIN PUBLIC LIBRARY

SPORTS & FITNESS COLLECTION - NEW ADDITIONS : April 2019

The keeping of a healthy body and healthy mind is the key to cultivating the individual's quality of life. In recognition of this fundamental need of our community and the accelerating development in the field of sports and fitness in Hong Kong and the public's growing interests in exercising, sports and fitness, the *Sports & Fitness Collection* has been developed at the Sha Tin Public Library to serve as the focal point in the Hong Kong Public Libraries for the provision of a balanced and quality information hub in the field of sports and fitness.

“The Sports & Fitness Collection” consists of various types of information comprising books, magazines, journals, multimedia materials, e-books and e-databases.

The following lending and reference books are new additions to this thematic collection in April 2019 for readers' reference:

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日野秀彥。《健康整脊自己喬：不吃藥、免開刀,運動療法改善脊椎扭曲、坐骨神經痛》。新北市：世茂出版有限公司, 2018。

索書號：416.6 6620

存放地點：ST(R)

《南少林著名拳師陳媽丹 = Chan Mar Teng is a famous pugilist for South Shau Len Temple branch》。香港：風采出版社, 2019。

索書號：783.91 7547

存放地點：ST(R)

《科學化跑步功率訓練：徹底了解功率計關鍵數據 規劃最佳訓練及恢復期,突破自我極限 = Run with power : the complete guide to power meters for running》。台北市：漫遊者文化事業股份有限公司, 2018。

索書號：528.945 5082

存放地點：ST(R)

陳一冰。《奧運奇趣異聞錄》。香港：中華教育, 2018。

索書號：528.983 7513

存放地點：ST(J)

楊家輝。《武道狂之思》。香港：真源有限公司, 2018。

索書號：528.971 4639

存放地點：ST(R)

葉詩文。《跟奧運冠軍學蛙泳(漫畫版)》。北京：電子工業出版社, 2018。

索書號：528.96 4400

存放地點：ST(J)

《圖解馬拉松入門：60個馬拉松跑者不可不知的跑步姿勢》。香港：萬里機構出版有限公司；台北市：台灣東販股份有限公司, 2018。

索書號：528.945 8498

存放地點：ST(R)

韓曉鵬。《跟奧運冠軍學滑雪(漫畫版)》。北京：電子工業出版社, 2018。

索書號：994.4 4467

存放地點：ST(J)

《籃球》。北京：科學出版社, 2018。

索書號：528.952 8100

存放地點：ST(L)

Astle, Alec. *Sport development in action : plan, programme and practice*. L Abingdon, Oxon ; New York, NY : Routledge, 2019.

Call Number: 796.069 AST

Location: ST(L)

Bennett, Alexander. *Japan the ultimate samurai guide : an insider looks at the Japanese martial arts and surviving in the land of bushido and zen*. Tokyo : Tuttle Publishing, 2018.

Call Number: 796.8150952 BEN

Location: ST(L)

Cole, Henry. *A biker's life*. London : Quercus, 2018.

Call Number: 796.75092 COL

Location: ST(L)

Collins, Tony. *How football began : a global history of how the world's football codes were born*. Abingdon, Oxon ; New York, NY : Routledge, 2019.

Call Number: 796.33 COL

Location: ST(R)

Davies, Kim. *Secrets of tai chi*. London : Ivy Press, 2018.

Call Number: 613.7148 DAV

Location: ST(L)

Gender diversity in European sport governance. Abingdon, Oxon ; New York, NY : Routledge, 2019.

Call Number: 793.069 GEN

Location: ST(R)

Haake, Steve. *Advantage play : technologies that changed sporting history*. Edinburgh : Arena Sport, 2018.

Call Number: 688.76 HAA

Location: ST(R)

Mardini, Yusra. *Butterfly : from refugee to Olympian, my story of rescue, hope and triumph*. London : Bluebird, 2018.

Call Number: 797.21092 MAR

Location: ST(L)

Misener, Laura. *Leveraging disability sport events : impacts, promises, and possibilities*. Abingdon, Oxon : Routledge, 2019.

Call Number: 796.069 MIS

Location: ST(L)

Reputational challenges in sport : theory and application. New York : Routledge, 2018.

Call Number: 659.29796 REP

Location: ST(L)

The science of judo. Abingdon, Oxon : Routledge, 2018.

Call Number: 796.8152 SCI

Location: ST(L)

備註 Remarks :

ST(J) : 沙田公共圖書館兒童圖書館

Children's Library of Sha Tin Public Library

ST(L) : 沙田公共圖書館成人圖書館

Adult Library of Sha Tin Public Library

ST(R) : 沙田公共圖書館參考圖書館

Reference Library of Sha Tin Public Library

ST(Y) : 沙田公共圖書館兒童圖書館(青少年館藏)

Young Adult Collection, Children's Library of Sha Tin Public Library