



## 青少年成長講座系列：預防網絡沉溺有妙法

### Talk Series on Teen Growth and Development: Tips to Prevent Internet Addiction

講者 *Speaker* : 鄧震宇先生 (註冊社工)

Mr Joe TANG (Registered Social Worker)

日期 *Date* : 8.1.2023 (日 Sun)

時間 *Time* : 10:30 a.m. – 12:00 noon

地點 *Venue* : 九龍公共圖書館 8 樓推廣活動室

8/F, Extension Activities Room, Kowloon Public Library

◆粵語講述 **Conducted in Cantonese**

查詢/報名留座 **Enquiries/Reservation : 2926 4062**

或親臨九龍公共圖書館 9 樓參考圖書館登記

Or registration at 9/F Reference Library, Kowloon Public Library

◆參加者請於講座開始前入座，逾時留位作廢◆

◆Please attend the talk on time otherwise reservation will be cancelled◆

