

## 香港 Hong Kong

高小組 小四 (P4) ▶ 小六 (P6)  
Senior Primary

Chan Shun Hei

S.K.H. Tsing Yi Estate  
Ho Chak Wan Primary School  
Topic : Johnny Appleseed

I want to share a book called "Johnny Appleseed" which was written by Patricia Demuth. It is a picture book in simple English, yet the story is encouraging and educational.

The book is about Johnny, a young man who live in the West of the America in the 19<sup>th</sup> century. He went everywhere to plant apple seeds on the land. He overcame the difficult weathers and hurdles on his journey. He never stopped in a place because he had a belief in his life. He made friends with the wildlife and never hurt them. Whenever people persuaded him to stay to make a home there, he politely rejected. At last, the West bloomed. Apple seeds turned into Apple trees and fruits. People got rich by apples for their nutrition and health. They all thanked for Johnny's contribution.

Johnny enthusiastic in his life. He built his career through apples, a well-known fruit that people like very much and ate in their daily life. He wanted to cultivate the remote place in the young nation by planting as many apple seeds as he could. He connected his belief with the well-being of the people living on the land. His devotion and enthusiasm made the people rich and wealthy, not just by the great profit as generated by the sale of apples, but in terms of the health aspect as generated by its nutrition. Johnny's good faith and great determination is benefited the land, the people in their next generation.

We should be grateful to the food and treasure our every moment in life, because many people are working hard to help and serve us without asking for rewards. Like our parents; they nature and give us a good living and study environments. Therefore, we should respect them and do the same for others in society. If only all of us have the same faith, our community will be warm and caring.

## Book Read

Book title : Johnny Appleseed  
Author : Patricia Demuth  
Publisher : New York: Penguin Young Readers, c1996.

## Comments

- An organised and thought-provoking book review. Good use of English and I look forward to reading more of your sharing and opinions on the book.
- Development aroused readers' interest. Provided insightful evidence in support of his/her idea.

Chung Laam Him

Dr. Catherine F. Woo Memorial School  
Topic : Let's Treasure Food

This book 'Don't Waste Your Food' tells a story about Amara and her dad. Amara had a bad habit of wasting food before. After her dad's teaching, she understood that food should be treasured and respected, and she learned many ways to save food in real life.

In this story, Amara's dad mentioned that we did not need to throw away some leftovers from dinner. We can put them in the fridge. Then we can make new dishes such as omelettes the next day. We also learned some food scrapes are great <sup>natural</sup> fertilizers. Moreover, the book also mentioned that too many leftovers filled up landfill sites and added to global warming. We should reduce the amount of food we throw away. For example, we can write a list before going to the supermarket so we will not buy too much food. We should also try to buy local vegetables and fruits in the market because long-distance transportation and packaging will pollute the environment.

After reading this book, I felt very embarrassed because I sometimes wasted food. I sometimes could not finish my dinner because I ate snacks before dinner, which caused food waste. I decided to get rid of this habit and treasure food.

This book benefited me a lot. I learned how to treasure food and also understood treasuring food and reducing food waste can improve the environment. It is vital to us. If there isn't enough food, it will be difficult for us to survive. I hope you all like this book and want to improve the environment. If everyone treasures food and other natural resources, I believe the world will become more beautiful and comfortable. If you agree with these opinions, then do them together!

## Comments

- Paragraphs had unity, were linked, and showed evidence of planning. The piece showed the use of effective words.

## Book Read

Book title : Don't Waste Your Food  
Author : Deborah Chancellor  
Publisher : London: Wayland, 2019.



## 香港 Hong Kong

高小組 小四 (P4) ▶ 小六 (P6)  
Senior Primary

Hong Cheuk Kiu Kenice

Good Hope Primary School  
cum Kindergarten

Topic : Dumplings Make People Closer

Do you like dumplings as much as I do? If yes, you should read the book "Dumpling Day". It is both encouraging and makes you think how food brings people together and helps communities grow. The author uses neighborhood dumpling parties to look at the cultural and personal importance of sharing meals and the ways that food can bring people together, make them feel better, and help them celebrate.

The book's story is told through a series of short stories called "vignettes". These stories show what the author did at dumpling parties among 10 families in their community. Every chapter focuses on a different part of these gatherings, from making and cooking the dumplings to the conversations and relationships that grow around the table.

One of the most important things you can learn from this book is to take things more slowly and enjoy

each moment as much as you can. This applies both to making and eating food and to life in general. The author writes with a lot of understanding and sensitivity about how the rituals of making and eating dumplings can bring people together, make them feel connected and at home, and bring out the best in them.

This book also talks about how important it is to welcome people from all walks of life. The author of the book talks about how the meetings called "dumpling parties" bring together people from many different cultures and points of view. People from all walks of life come to these parties, and the author of the book talks about how they meet.

In conclusion, "Dumpling Day" is a beautiful written and deeply moving book that will speak to anyone who loves food and understands the role it plays in our lives and in the communities we live in. This book will speak to anyone who has felt like there was a connection between them and the food they ate. It taught me to appreciate the simple pleasure of eating with others and made me appreciate the people and food in my own life even more. I love making dumplings with my family and enjoying our dumplings made with heart and soul.

## Comments

- Lovely handwriting! A sobering reflection on the benefits of sharing a meal together and your ideas are logically presented.
- The use of vocabulary is wide and precise. It had fluent expression, with logical sequencing.

## Book Read

Book title : Dumpling Day  
Author : Meera Sriram  
Publisher : Concord: Barefoot Books, 2021.

Ip Spencer Ngo Ying

St. Paul's Co-educational College  
Primary School

Topic : Treasuring Food and Life

This book *Human Rights – FOOD* seeks to address global food shortage and food crisis prevention. It is an inspiring book because it gives the readers a glimpse of the tragic lives and deplorable deaths of the people who are suffering from famine.

Hunger is never a problem that haunts me. However, after reading the life of Teresa, who is a 13-year-old girl from Negros, I feel terrible for not paying effort in reducing food waste in my daily life. Teresa's family grows some vegetables in the family garden but these are not enough to feed everyone in her big family. She, therefore, becomes undernourished and gets sick. However, her family is financially burdened and fails to feed her properly or to support her with medical treatment. Starving to death seems inevitable for Teresa. Sadly, her case is only the tip of the iceberg. Millions of similar cases like Teresa's are happening in real life, especially in developing countries, every day.

There is more than enough food produced in the world to feed everyone on Earth, yet as many as 828 million people still go hungry every day. While we are overloading our plates with abundant varieties of food at buffets, homeless people are sifting through garbage dumps to find something to eat. The food they eat out of the garbage is usually food scraps and leftovers that turned bad. When the most pressing issue is just filling their bellies, quality and nutritious food becomes a luxury that homeless people never dare to think about. This is so depressing because it seems to me that they are only making a choice between dying of starvation and dying of cholera or food poisoning.

This book excavates the experiences of starving people who are struggling with poverty and famine in real situations for survival. It is a very nice book as it enlightens me about everyone's right to live with dignity and to have access to food that is safe and healthy to eat. I believe that actions of both individuals and the public, will definitely help save the world from famine by reducing food waste.

## Book Read

Book title : Human Rights: Food  
Author : Scarlett MccGwire  
Publisher : United Kingdom: Wayland, 1993.

## Comments

- A very well-structured book review with clear and compelling argument. Thoughts are expressed in English eloquently. You should be proud of this work!
- The writer has an excellent sense of the language for his/her age. Established a strong beginning, middle and end. The writer used sophisticated words, but it came across as very natural.



## 香港 Hong Kong

高小組 小四 (P4) ▶ 小六 (P6)  
Senior Primary

Lam Yuk Ching

St. Charles School

Topic : Things about Farm Food

This book is about a girl named Melissa. She lives with her family on a farm in Pennsylvania. Her family grows fruits and vegetables to eat and sell.

When the soil gets warm and suitable for farming, Melissa's father will use a tractor to plant seeds and plants into the dirt. Some foods grow faster than others. Not all crops are ready to be picked at the same time.

Melissa thinks it is easy to pick the first crop – asparagus. The stalks just snap off the plants. Others like raspberries and blueberries are difficult to pick. Raspberries grow on thorny bushes, so Melissa always picks them carefully. Ripe ones are easy to pull from the stems, but they can get crushed easily. Some blueberries grow under the leaves and are hard to see, so Melissa looks out for Japanese beetles because they can stick to leaves and berries.

When the crops are ripe, Melissa's father and uncle hired the workers to pick the crops. If the girls are not busy, they also help to pick the crops.

For Melissa, the best part of farm work is helping out with her family's roadside stand. She stocks on shelves and bins. She also sells the product.

Melissa wouldn't trade her life on the farm for anything. She likes it because she can have lots of space and can play in the fields. She also doesn't mind picking crops or working at the stand because she always has good food to eat.

For me, I really liked this book. After reading it, I had a great understanding of what a farm life was. It also told a lot about how the field family really worked. It was not easy for farmers to grow food. Sometimes they didn't even have a good harvest. Everyone needed to participate in order to get food. Therefore, we should cherish our food to thank the farmers for their hard work. From this story, I learned to persevere in everything I do, not to be afraid of failure, and to have perseverance to overcome difficulties.

**Book Read**

Book title : Surrounded by Food  
Author : Judy Wolfman  
Publisher : Ohio: Highlights for Children, 2018.

**Comments**

- Patiently explained important information in the story with a broad and overarching argument in the conclusion.
- The structure was carefully planned. Easy to read. The expression was more than competent.

Leung Wai Ki

Tseung Kwan O Catholic Primary School  
Topic : Cherish Food and Food for Good

I recently read a book called "Emma and the Food Bank". It's about a girl named Emma and the first time she saw a Food Bank box in a supermarket. I found this story inspiring and wanted to share it with you.

One day, Emma and her mother were looking for their favorite food in the supermarket. She found a "Big Box" next to the cashier. She went over to check the box and saw some customers dropped off canned soups, canned beans, canned vegetables, and noodles and cooking oil into the "Big Box". She was wondering.

She asked her mother what it was. Her mom told her that food banks are run by community organizations that can help if you can't afford the food you need and why giving is important. After returning home, Emma thought that if there was a crisis at home, she might need to contact the food bank. She wanted to do what she could to help food banks over the Christmas break.

Emma's parents held a birthday party for Emma on Christmas. Emma suggested her friends to prepare canned fruits and vegetables, rice and cooking oil for her instead of her birthday gifts. After the birthday party, she donated the food to community organizations to relieve the needy at the grassroots level.

I learned from this story that we should show our kindness to those in need. Whether you're going to the store to buy some items, or giving away something you received but did not need, keep in mind that some food banks are opened and expect donations. Also, I realized that valuing food is a virtue and an important act to protect the planet. We should Cherish food and respond to "No Food Waste".

I hope you too can be inspired by this book. I can lend you this book if you like.

**Book Read**

Book title : Emma and the Food Bank  
Author : Sue McLure  
Publisher : Canada: Calgary Food Bank, 2014.

**Comments**

- Good and simple introduction which effectively draws reader's attention. A well-structured review with plausible argument about food.



## 香港 Hong Kong

高小組 小四 (P4) ▶ 小六 (P6)  
Senior Primary

Mia Ching Ting Wong

Diocesan Girls Junior School  
Topic : Dumplings and Family

The book I would like to introduce is Dumpling Days, by Grace Lin. I think it is a very delightful and fun book. It is about a girl who is Taiwanese but lives in America. When she goes for holiday to Taiwan, she discovers delicious food which she had never tasted before! To her, all of this is new and she is quite curious about Taiwan. She also meets family members living in Taiwan, whom she has never met before.

This girl's name is Pacy, and the story starts off in America. Pacy is getting ready for summer and is told she will be going to Taiwan! Originally, she was really unhappy about it as she had other ideas for her summer, but slowly, she starts to enjoy her time there. Her summer begins to fill up with dumplings, street food and family reunions. Her Grandmother's birthday celebration is coming up and everyone in the family is busy preparing for it.

Pacy's discovery of dumplings and the love for her family is the main point of the story. She even promises to eat dumplings for the rest of this holiday in Taiwan. Her new food adventures include stinky tofu, chicken feet, pineapple cakes and McDonald's rice burger. Her visit to the night market is another wild ride. She tries waffle dogs, chicken cutlets, "frog-eggs" drinks, duck tongues, quail eggs, candied tomatoes and, disgustingly, pigs blood cakes. From wax apples to hand-pulled beef noodles, Pacy thinks that all of them are heavenly!

I found this book to be very heart-warming because Pacy finds out more about her family and where she comes from. By trying and discovering all the scrumptious Chinese food, Pacy has a better understanding of her Chinese family roots. Pacy returns to America, and finds herself wanting to go back again. I highly recommend this book to all people who love food and family.

## Book Read

Book title : Dumpling Days  
Author : Grace Lin  
Publisher : New York: Little Brown, 2012.

## Comments

- A book review with detailed account of the popular food in Taiwan and character analysis. I look forward to reading more of your opinions on the book.
- Demonstrated an orderly flow of ideas. The style is precise, the sentence structure is varied and the words are carefully chosen.

Wong Lai Ching Hazel

St. Mary's Canossian School  
Topic : Learning from the Past

Have you ever imagined what will happen if there is not enough food for us? Do you know how it feels when people are starved to death? I recently read a book called Black Potatoes: the story of the great Irish famine 1845 - 1852. This book is about the history of the Great Irish Famine. It is a touching book and is very meaningful as well. This book lets me know the importance of treasuring food and life.

The Famine started in 1845 when a horrible disaster struck Ireland. A mysterious blight attacked potato crops. It destroyed the only real food of Ireland's rural population. One million people died from starvation and diseases then. Another two million people fled their homeland and emigrated to the United States, Canada and Britain. This book recorded the experiences and suffering of the people during the Famine years. It is mentioned in the book that people at that time needed to carry spoons in their pockets. When they found an untended pot of gruel, they stole right from the pot. Parents could not find enough food and had to choose which child to feed. The lack of food left people in malnutrition. Many people died from diseases. Young children and elderly adults were especially vulnerable. People died along the roadside or were buried without coffins, and ravenous dogs fed on the diseased corpses.

I feel so miserable for the people in the Famine. I learnt that we must treasure food and life starting from now. We are so blessed now because we have more than enough food to continue our lives. Nowadays, people always order excessively and throw away leftovers, wasting food. Try to think, if we continue to waste food, we are damaging the environment and destroying the world. There are also people in the world suffering from starvation. Would they be like the people in the Famine? Change can easily be done, like buying the right amount of food, taking away leftovers from restaurants or donating unused food to the needy, we can help save the world and others!

## Comments

- An attention-grabbing opening with a well-written sequence of events. The conclusion clearly brings your main ideas and opinions together.
- Paragraphs had unity and showed evidence of planning. The piece showed sophisticated range with effective words. Ideas were insightful.

## Book Read

Book title : Black Potatoes: the story of the great Irish famine, 1845-1850  
Author : Susan Campbell Bartoletti  
Publisher : Boston: Houghton Mifflin, 2001.