

2024年



閱讀愛 Reading Love 愛閱讀 Love Reading

4·23 World Book Day 創作比賽 Creative Competition in 2024

香港

Hong Kong

初中組

中一 (S1) > 中三 (S3) Junior Secondary

Chan Cheuk Yin

St. Bonaventure College & High School

Topic You Only Live Once

Inspired by the highly acclaimed film "Oppenheimer", I am interested in studying the biography of J. Robert Oppenheimer and looking into the historical background of what motivated him to invent the atomic bombs during the Second World War. One of the widely reviewed books on this subject is "American Prometheus: The Triumph and Tragedy of J. Robert Oppenheimer," written by Kai Bird & Martin J. Sherwin in 1989. This book delves into the disputed life of J. Robert Oppenheimer and offers valuable lessons that can be related to our everyday lives. Although his life is debatable, his story provides compelling examples for us to learn from. In this essay, I will elaborate on what I have learnt from Oppenheimer's life, and discuss what he has done that inspires us to become better ones.

The first lesson I have learned from Oppenheimer's behavior is that we must reflect on our own lives and consider the consequences of our actions. One of the reasons why he was controversial is that he was involved in the Manhattan Project, a secretive initiative that led to the invention of the atomic bomb. Initially, Oppenheimer intended to create it as a means to deter other countries. However, the destructive power of the atomic bomb resulted in numerous detrimental impacts, including a significant number of casualties and health risks caused by radiation. He deeply regretted his actions. Upon realizing that his invention had caused the deaths of many people, he lived with guilt every day. Hence, thinking twice helps us avoid emotional decisions that we may regret. By taking a moment to consider the responsibility of our choices, we can prevent hasty actions driven by immediate emotions. For example, when talking to our peers, we can reflect on whether it hurts their feelings, whether it gets pleasure from insulting others, or whether it is a thought driven by anger or reluctance. Better interpersonal relationships can, therefore, be facilitated if we think twice about what we say.

The second lesson I have learnt from his behavior is that we have to learn from our mistakes to promote a growth mindset. One of the reasons Oppenheimer was successful is that he put a lot of effort into the experiments he did. Unfortunately, failures can occur while conducting experiments. However, he didn't choose the path of giving up. Instead, he regarded these experiences as opportunities for identifying his weaknesses and seeking appropriate solutions. Hence, learning from mistakes helps us to avoid making the same mistakes again and again. For example, we keep getting low grades on our Mathematics quizzes or examinations. Instead of ignoring or being emotionally indulged in our setback, we can view it as an opportunity to promote a growth mindset. With this positive mindset, we will realize that mistakes are an essential part of the learning process. We can see them as opportunities for growth rather than as a sign of failure.

The third lesson I have learned from this book is the importance of living in the moment. When we consider the destructive power and devastating consequences of atomic bombs during World War II, which were truly horrific, it is important to appreciate the things we have today. When we compare it to the present day, it reminds us of the importance of cherishing what we have and being more optimistic about our lives. The ongoing conflict between Russia and Ukraine since 2014 is a case in point. The people in these two countries are suffering from pain, losing their homes, experiencing hunger, and so on. After reading this book, I start to understand how fortunate I am when compared to the era in which people were suffering from war, hunger, and diseases. I should be grateful for everything that I have. In addition to the importance of living in the moment, people often embrace the concept of 'YOLO' (you only live once). So why not try something we have never tried before, until the end of the world?"

In summary, the lessons from Oppenheimer's behavior teach us the importance of thinking twice before we act, learning from our mistakes to promote a growth mindset, and living in the moment and appreciating the things that we have today. American Prometheus: The Triumph and Tragedy of J. Robert Oppenheimer is definitely a must-read book.

Book Read Book title : American Prometheus : the triumph and tragedy of J. Robert Oppenheimer Author : Kai Bird and Martin J. Sherwin Publisher : New York: Vintage Books, a division of Random House, Inc., 2006.

Comments

- Well-connection between reading and personal reflections.
A good analysis of war in relation to current social issues.

Fong Chor Ling

St. Bonaventure College & High School

Topic Shine Your Own Glory

The sun slowly made its way through the clouds, revealing its red face, like a shy little girl looking at the earth on the ground! I yawned, got up, washed up, got dressed, looked at myself in the mirror, and suddenly thought of the book I read the other day - Educated.

The main character in the book is called Tara. Compared with me, she is not very lucky. She was born in a backward family in Idaho. Her father is an extreme Mormon. One of her brothers, Sean, is extremely short-tempered and controlling. However, she is also lucky that she has met a lot of kind people, including her other brother Tyler who always encourages her. Her roommate, Robin does not alienate her and cares for her from time to time. Bishop, who tutors her, helps her apply for a bursary and creates opportunities for her to study at Cambridge. Dr. Kerry, Professor Steinberg, and other teachers gives her great encouragement, allowing her to see her sparkle and build her self-confidence. So, she gives me impetus when I face difficulties myself.

Besides, I marvel at the author's smooth yet cohesive and calm writing style. Her detailed analysis and insight into herself. For example, when she really starts to look at what has happened to her in the past, what she cannot talk about, and decides to be honest with herself, she simply write - 'The past was a ghost, insubstantial, unaffected. Only the future had weight.' I cannot stay calm for a long time after reading that. I also like what Dr. Kerry said, "the most powerful determinant of who you are is inside you." She has a point, until you believe in yourself, it does not matter what attire you are in.

One day, when I walked to the library, I looked at the passers-by who, like the main character in the book, were struggling to survive and assert themselves. I secretly vowed to aim for Tara, not to dwell on the trivialities of the past, but to create a future for myself that would carry weight. Facing the upcoming first-term examination, I have decided to use it as a good start - the strongest determinant of who I am comes from within me. I am going to be the winner in this examination! During the Christmas break, when I should have chilled out, I got myself into the best shape for studying and began a race to revise. I have finally customized my revision plan, categorized my study materials for each subject, mastered a lot of basic knowledge, and focused on different question types in my error book. As time passed by, looking at the draft paper that was filled up, looking at the small goals that were sketched out, and looking at the slow completion of my finely customized revision plan, I felt very satisfied and seemed to start enjoying the thrill of revision. I felt like I was standing fluidly on a surfboard, bravely conquering the sea. I was so immersed in the path of learning that I forgot the existence of time, exhaustion, and difficulties.

Now, I only remember the joy of growing up, the courage to move forward, and the hope for the future. The road to growth is a process of constantly overcoming oneself, and I believe that after this vacation is over, I will make great progress, not only academic progress, but also spiritual progress. The most powerful determinant of who you are is inside you. Tara is not beaten down by the difficulties of getting rid of her family of origin, nor is she trapped by the nagging memories of her past. She has chosen to get an education, and through constant learning she has changed herself, her life, her mind, and her destiny. I am not overwhelmed by the mountains of study materials. I have chosen to do revision seriously. Through continuous review to change the status quo, change the decadence, change the lack of self-confidence. I hope that we are all a free and powerful bird. Through the humiliation and tribulation, through the disaster and adversity, we are still flying towards the mountains in our hearts.

Educated is definitely a must-read that can inspire us to strive for excellence!

Book Read Book title : Educated : a memoir Author : Tara Westover Publisher : New York: Random House, c2018.

Comments

- Clear structure. Express feelings and tell the story in a cohesive way. It affects me a lot!
Good use of quotations. Detailed personal reflections and inspiring messages.

作品以原作展示並以獲獎者姓名排序。 Works are displayed in original form and arranged in the order of the winner's name.

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Lee Alfreda

TWGHs Chang Ming Thien College

Topic Dealing With Anger

I woke up, with tears of frustration in my eyes. Not having any motivation to do anything. Not even wanting to move, I simply lied in bed and wanted to doze off, forgetting everything that was happening. Last year, my best friend of 2 years had broken ties with me and said nasty things about me behind my back. I felt both sad and angry towards her. And though it had already been a year, it affected the way I communicated and even my self confidence and trust in others. As I wondered when it all went wrong, I thought to myself: Am I really going to let this fake friend ruin my whole entire mental health? Am I seriously going to just wake up everyday feeling just terrible about this bad friendship? I decided it was time for a change. That this was not worth sulking over, so I went to the library in hopes of finding a book to help my mental state.

I arrived at the central public library, I walked through the children and adult section. I arrived at the young-adult section and started browsing physiology books. To my surprise, there were all sorts of books for every situation. I decided to take a few books that looked like it suited my situation. But as I read, it was all about how we should always forgive people. I was hesitant. I was so angry at her that I didn't even know where to begin to forgive her. What if I didn't want to? The book only taught me how I should be kind but what if I am and I'm still mistreated? That's when I found the perfect book. It was a book called "how to take the grrrr out of anger" by Elizabeth Verdick and Marjorie Lisovskis. The title caught my attention. It looked like a children's book at first. But it talks in depth about human emotions and how it's perfectly fine to be mad at someone, how it's ok to vent out anger, it's to be in a bad mood. It taught me how to overcome my anger. While telling us to also care and comfort people, too, this book says everything I wanted to say but couldn't before. Now, a huge weight was lifted off my shoulders, and I can finally be relieved knowing what I felt was perfectly normal. The index shows what each chapter talks about, which includes actual realistic examples and situations. Instead of telling us to simply forgive or apologize for getting mad, the book tells us that it's perfectly normal to let it out, but at the same time think about the person's feelings. My personal favorite is Chapter 8, its the angry radar, which shares how to sense when someone is angry and how to comfort them.

Unlike other books, this one actually helped me overcome my anger. I used the breathing exercises provided in the book, different ways of distracting the negative thoughts you're having. And much more useful and real tips. I borrowed the book and went back home to read it carefully and slowly. I jot down ways to calm myself down whenever I feel any negative emotions. I have started a journal to record my daily life, whether sad or happy. I will write it down, and then when I feel down, I can just look back at the happy moments. Life has a lot of ups and downs, but like a wise person once said, "At the end of rainy clouds, there will always be a rainbow." so I should look forward to every moment. I should slowly learn to forgive her, I should be a more mature person.

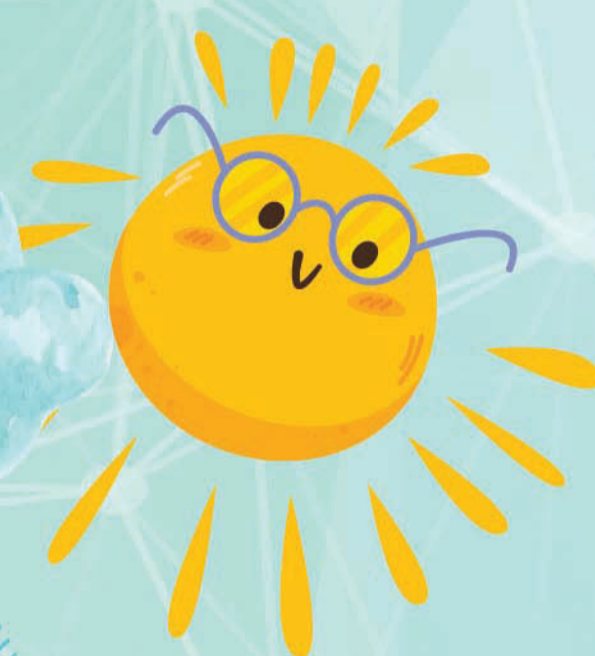
Right now, I'm still on a journey of healing. Every once in a while I'll pick up the book and start reading it when I feel sad. I have been learning to forgive her, and I have decided to surround myself with friends that will support me. Instead of forgetting about her, I'll cherish the fun memories we had, and think of this as a lesson life has given me.

I have never thought a book could change so much, but "how to take the grrrr out of anger" does.

Book Read Book title : How to Take the Grrrr Out of Anger Author : Elizabeth Verdick & Marjorie Lisovskis Publisher : Minneapolis, MN: Free Spirit Pub., c2003.

Comments

- Ideas were insightful, thought-provoking.
Good discussion on handling emotions. Nice to apply the techniques learned in daily lives.



So Chi Yu

TWGHs Chang Ming Thien College

Topic Follow Your Heart

Today is a rainy day, and I already had a date with my friend. Regardless of the weather, I was happy, just like any other day. My friend asked me why I always remain positive, and I replied, "Because I read a book called 'Follow Your Heart' which has taught me a lot about philosophy, and I'm happy to share its wisdom with everyone.

The book emphasizes that 'the universe has no favorites,' meaning that our universe is fair as long as natural laws exist. What are these natural laws? Just like in farming, you reap the harvest after putting in the work. The seeds you plant determine the results you'll get. Life operates in a similar way. How you treat others will reflect how you are treated by others. Your success and happiness depend on understanding and utilizing these natural laws and principles.

The second concept discussed in the book is that 'your life is a perfect reflection of your beliefs.' When people argue for their limitations by saying, "I can't do 'X' because...", they have already decided that they can't do 'X' based on their beliefs. It's crucial to pay attention to what we believe. For example, many people complain about their jobs, labeling them as problems. However, the problem often lies in their state of mind. If you approach a job with the belief that it can be enjoyable, you'll likely find it fulfilling. Conversely, if you believe a job will be boring, you'll lose interest and eventually quit. It's not the job itself; it's what you believe about it that makes the difference.

Once we understand the power of beliefs, we can explore other aspects of life to focus on, such as money, friendships, or success. Do you find yourself becoming too attached to things? This leads us to the third concept: 'The moment you get too attached to things, people, money...you screw it up!' When you chase after something, it tends to elude you. This holds true for everything. Remember when you were young and desperately wanted a toy? You didn't think about anything else, not even your meals; you just wanted that toy. But let me provide a more relatable example: money. Oscar Wilde once said, "The only people who think more about money than the rich are the poor." Why do so many people struggle to make money? Because money represents both survival and success. When people become overly emotional about money, they lose control. According to the United Nations, 8% of the world's population lives in poverty, and this often leads to attachment and constant worry about money. These examples teach us that we should not become too attached to anything. The challenge in life is to appreciate everything without attaching ourselves to it.

Lastly, the fourth concept is to 'follow your heart!' As you can see, this is the title of the book, and it holds a significant meaning. What does it mean to follow your heart? It's not about biology; it refers to your inner voice, your true desires. If you pursue something you love, you will find happiness in your work. However, there will always be people in the world who compare you to others, whether it's regarding your job, the food you eat, or the clothes you wear. They may belittle you or insult you if you choose a profession like painting. But don't let their disdain affect you. There is no such thing as the "best" job in the world; there is only the right job for you—the one that aligns with your passion.

The world presents us with numerous challenges, some of which may be different or difficult. However, we should always approach them with an optimistic attitude. So let's be excited about ourselves and what lies ahead. Thanks to Follow your heart by Andrew Matthews, which has brought me these precious reminders.

Book Read Book title : Follow Your Heart Author : Andrew Matthews Publisher : Trinity Beach, Qld.: Seashell, c1997.

Comments

- Provided insightful evidence in support of his/her idea.
An in-depth discussion on the meaning of life.

作品以原作展示並以獲獎者姓名排序。 Works are displayed in original form and arranged in the order of the winner's name.

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Wong Wan Yin Vania

CCC Kei Yuen College

Topic **It's Ok to Not Be Perfect**

Have you ever heard of the term "perfectionism"? It's a term used to describe people who overly obsess over small details, and as the name suggests, want everything to be "perfect". Countless books have been published on this topic, but the one that stood out the most to me was *A Perfectionist's Guide to Not Being Perfect*, written by Bonnie Zucker, an American psychologist.

As the title suggests, the book is about perfectionism and how to combat it. It talks about what perfectionism is, which is when someone refuses to accept anything less than what they consider "perfect", or setting impossibly high standards for themselves, only to be unable to reach those standards, and, as a result, sending themselves into a downward spiral, experiencing mental disorders such as depression or anxiety. Perfectionism comes in many forms, such as requiring top grades in every subject no matter what, always trying to be the best player on a sports team, people-pleasing (which is when someone overly prioritises what others think of them to the point where they forget their own needs), excessive dieting in order to achieve a certain body type, and so on.

To solve this problem, the book suggests methods such as supportive self-talk, stopping the downward spiral of worry that tends to affect many perfectionists, and changing one's core beliefs. In fact, I could learn a few strategies to improve my mindset from this book. The first one is mindfulness, which is being self-aware of your negative thoughts without suppressing or exaggerating them, allowing those thoughts to pass as just thoughts. Secondly, there is self-kindness. Self-kindness is when you make a mistake and instead of being overly harsh and judgemental to yourself, you tell yourself, "I did my best, and that's all that matters." Last but certainly not least, an internal locus of control was mentioned as well. It refers to the belief that you have total control over your life, and can therefore change it as you wish. Someone with an internal locus of control thinks of ways to change or see a difficult situation in a different light. They also hold the belief that outside factors do not determine the course of your life, and it is instead you who decides how your life will go. This is also known as growth mindset.

In my opinion, this book was quite an enlightening read. As I've said before, I found myself identifying with many of the problems listed in the book. The text was straightforward, the words used were easy to comprehend, and as a chronic people-pleaser, it made me realise that putting others' needs before my own was very damaging to myself. The book also gave me ways to change this mindset, so that I could change my ways. This book uncovered problems I didn't even know I had, and taught me to seek out solutions. Thus, reading it and applying the concepts I read about has resulted in a positive impact in my life.

Striving to be your best isn't a bad thing, however constantly striving to be the best is. It's healthy to set goals and expectations for yourself, and it's healthy to have a sense of competitiveness. What matters is doing these things in moderation, and not going overboard. This is a great read for anyone suffering from perfectionism, as it can bring these problems out in a neutral light, without belittling it or regarding perfectionism as a positive trait, because it really isn't.

Book Read Book title : *A Perfectionist's Guide to Not Being Perfect*
Author : Bonnie Zucker
Publisher : Washington, DC: Magination Press/American Psychological Association, 2022.

Comments

- Well structured and informative.
- Well-written and analytical.



Zhang Qiaoyan Cherry

Po Leung Kuk Tang Yuk Tien College

Topic **Cherish Living While Pursuing Life**

This book tells a simple story. The protagonist is diagnosed with a brain tumor, having at most six months to live. He then makes a deal with the Devil: the Devil will extend the man's life by one day, but in exchange, the Devil will make one thing in the world disappear randomly. The Devil makes phones, movies, clocks disappear, and the man loses love from his first love, loses friendship with his closest friend, and loses memories of his dad. He slowly realizes that living is worthless without everything that one cares about. Meaningless continuation of life is worse than dying. Finally when the Devil decides to erase cats, the man gives up and faces his death with serenity.

Many of us think that life is about pursuing. We all fight to be better and flourish higher, no matter who we are. An exceed of one's limitations and every tiny piece of glory is always something we want. When someone asks about what is the most important thing for us, it seems to be someone who achieves things he or she wants. Most people have, more or less, ambitions or dreams, and will want to leave something down in this world before we are forced to leave. People tend to think that deaths are far away. And when they finally face them, they find that lives are always not enough, we can never taste enough in limited time.

And people end up regretting and praying for more time. Just like the protagonist. He gave up things that are precious and unique, for a few days alive. The question on the back cover tells it all: 'What would you sacrifice for an extra day of life?' How many things can you endure losing, before you think wistfully that 'staying alive' seems to be far too pointless and death seems to be easier?

People only cherish things and realize how much they care after they lose them. After they taste the pain something would bring if it's not here. Love, friendships, memories... Those are the little flowers blooming in corners of lives, quietly surrounding us. They silently make our lives beautiful without us realizing. We want eternity, have endless wishes—but no, we don't need eternity. We only need to value our limited moments, and learn to enjoy the encounters happening to us. For one said, 'following one's inclinations is the best state of life.'

Blind people wish desperately for even a few days to see, to watch the sun rising in a brilliant dawn of blue and gold, to observe the moon coming with the shaft of moonlight gleaming on the sea, to look at stars rushing to the night sky and twinkle upon, to see families and lovers and friends' faces; deaf people hope sincerely for even a few days to hear, to awake to the sounds of birds singing, to listen to traffic lights beeping and someone's casual humming, to understand how river water sounds like and the crispy sounds of leaves cracking under shoes, to learn beloved ones' voices and feel them coming alive. They all pray for things that we already own now, for things that we never feel important, that we may easily give up when the Devil comes to us, for a few days alive. Life is not all about living or pursuing. It is about cherishing and enjoying our days, not regretting or setting high hopes, and we can feel we are being the ones that we have no regret being.

Perhaps we don't have to keep chasing the moon endlessly; we may try looking down the road we are walking on, try listening to the rushing winds, try feeling the night air surrounding us—and we find ourselves already shrouded by that pure moonlight.

Book Read Book title : *If Cats Disappeared from the World*
Author : Genki Kawamura
Publisher : London: Picador, 2018.

Comments

- Well structured with some good points.
- Good analysis of the book's messages.

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中一 (S1) > 中三 (S3) Junior Secondary

Soliven Bob-James Lagrimas

Concordia Lutheran School North Point

Topic You Are Here: Discovering the Magic of the Present Moment

Life. It used to be good but since we are growing up it is now just full of distractions. It is really too easy to lose sight of the amazing things that happen in the present moment. But I stumbled upon a game-changing book called You Are Here: Discovering the Magic of the Present Moment. This book is like a wise old friend whispering secrets to our ears, telling us to embrace the amazing things that are happening right now.

From the very first page of the book. You can feel the gentle yet meaningful words from the author. His words flow effortlessly describing mindfulness and self-awareness. The author uses his personal experiences and meaningful words to captivate us. The book offers a lot of practical tools and insightful sentences that guide us on living fully in the present moment.

The book starts by describing the nature of our mind, which is always lost in thoughts and narratives causing our mind to wander endlessly. The author points out that the key to discovering the amazing things of the present moment is changing our mind's attention to the present moment rather than the future. The author wrote some simple yet really powerful exercises, like focusing on our breathing or engaging our senses. We are encouraged to put ourselves in the present and to experience the great things of each passing moment.

The book also shows us how mindfulness and happiness are somehow connected. The author skillfully explains that real happiness isn't found in any normal circumstances but rather it is found in our ability to really engage with life as it unfolds in the present moment. The book also encourages us to stop chasing our future desires but to find satisfaction and fulfillment in the present moment, no matter the hardships we face.

From the very first to the very last pages. The author effortlessly blends scientific and personal experiences, which help us have a balanced view of mindfulness. The book highlights the amazing benefits of the present moment. From reducing stress and anxiety to improving body functions the transformative power of mindfulness shines through.

The book also tells us the main challenges of living in the present moment. The author points out that the main challenges of modern life are the pressure of work, school, and relationships. However the book provides some practical strategies for overcoming these challenges. The author also tells us the importance of incorporating mindfulness into our daily lives. This book offers a lot of tips to motivate us to embrace the power of the present moment.

As the book nears its very end. We are left with an incredible sense of the possibilities and new inspirations to life. The author reminds us that the present moment is an amazing way to have life with joy and deep connection. Through the practices of mindfulness, we can see the beauty that surrounds us, to help us be more content and to develop an appreciation for the simplest things.

In the whole book we can learn a lot of things like, how to have a good view of mindfulness and how to live life happily in the present moment. Which at times can be challenging but the author tells us a lot of ways to deal with those obstacles like to focus on our breathing and to engage our senses. These exercises are an amazing way to deal with these challenges. We also learned how happiness is connected with mindfulness.

The thick but captivating book You Are here: Discovering the Magic of the Present Moments is an interesting and powerful way to learn how to embrace the amazing power of the present moment. Through the book's chapters we are guided on an amazing journey on how to live life now. With the help of the author's simple yet cultivating words, we are able to live life in the present moment with lots of happiness.

Book Read Book title : You Are Here : discovering the magic of the present moment Author : Thich Nhat Hanh Publisher : Boston, Mass.: Shambhala, 2010.

Comments

- The writer is showing enthusiasm for the material read.
In-depth thoughts and reflections.

Tse Bo Ying Angelina

St. Stephen's Girls' College

Topic Key to a Lost World

Luna Lockwood came home after a long day, her posture slouched, and hair drenched in dirty rainwater. She was shivering from the weather. Another day, another dismay, she thought to herself. Getting yelled at by her boss and being threatened to be fired during work was certainly not a pleasant experience. Forgetting to bring an umbrella while it's literally pouring outside wasn't either. Aside from that, she missed the bus home and walked 5 miles in the rainstorm. That was all the tip of the iceberg.

Storming into her room, Luna took off her padding jacket and hopped into the shower. Feeling the hot water from the faucet hitting her back, Luna felt tiny and useless. "I hate my life." She cursed. To say that Luna is a nihilist and pessimist was an understatement. Ever since she graduated from college, she began questioning her life choices and regretting decisions she made.

Before Luna hopped into bed, she picked up a book from the bookshelf to read. The book was titled "The Midnight Library". Drawn by the title, Luna began reading the book page by page. The book was about middle-aged Nora Seed, having a slump in life. Luna gasped as she read, the protagonist was in a similar situation, if not worse than Luna. Nora Seed fell out of life. She lost her job, got broken up with, fell out of touch with her best friend. To make matters worse, her beloved cat got hit by a car and died. Nora felt even more discouraged after the death of her pet, she believed that she wasn't a good enough pet owner, a bad sister, and generally not worthy of anything in life. Nora Seed, just like Luna, thought of themselves as a pile of garbage and a waste of oxygen.

In the book, Nora Seed has had enough of the world and decided to take her own life. She crammed the whole jar of sleeping pills into her throat and forced herself to drift asleep. Instead of waking up in the arms of God, Nora found herself in a strange looking library, where she met her high school librarian, Mrs. Elm.

Confused, Nora then asked Mrs. Elm why she is here. She then learns from Mrs. Elm that the place is called The Midnight Library. A place between life and death, a place where she gets to relive a life if she makes a different life choice, a place where she looks back at her regrets and cross them off the list. Nora was anguished from the pain and suffering of her life. She told Mrs. Elm that she no longer wants to live and wants to die. Mrs. Elm shakes her head and tells Nora that it's not how The Midnight Library works, and that she should try and seek for the perfect life she desires. And so, Nora Seed embarks on a journey to find her own perfect life.

At first, Nora tried living a life where she and her former fiancé are happily married, it ended with them arguing and shouting at each other. Nora felt disappointed that there is no happy ending between her and the man she loved. She came back to the Midnight Library.

In her another life, Nora's cat didn't die from a car crash. But that ended with disappointment again as the cat died from a heart attack instead.

Nora seed tried numerous lives and all of them ended with disappointment. Although Nora never found the perfect life, she discovers that what she seeks in life wasn't fame or success, but love and connection between those in her life. At last, Nora woke up in her bedroom, feeling nauseous and sick from the overdose, one thing she brought back, was her will to live.

The book was a short read, it only took Luna a few hours to complete. With or not the Midnight library was just Nora's imagination, or a parallel world will always remain a mystery to readers. Luna was amazed, however, by the fact that a book could entirely alter her view on life.

You will never live if you are looking for the meaning of life" was a quote from the book that haunted Luna even after days of reading it. Luna started to view her regrets as a part of growing up and maturing, instead of trying to change and undo them, Luna let them be. She still faces that cruel and ruthless boss at work daily, she occasionally forgets to bring her umbrella on a rainy day, but Luna Lockwood brushes it off, because she knows that she's living in the moment to the finest.

Book Read Book title : The Midnight Library Author : Matt Haig Publisher : [New York]: Viking, 2020.

Comments

- An insightful review with personal reflections.
The ideas were clearly stated and supported.

作品以原作展示並以獲獎者姓名排序。 Works are displayed in original form and arranged in the order of the winner's name.

支持機構 Supporting Organisations

教育局 Education Bureau 香港學校圖書館主任協會 Hong Kong Teacher-Librarians' Association 香港創意閱讀教育協會 Association of Innovative Reading 香港貿易發展局 Hong Kong Trade Development Council